

HAPPY HALLOWEEN

OCTOBER

JES/JBHS SCHOOL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST				1 Cereal & Toast	2 Cinnamon Roll
LUNCH	MENU IS SUBJECT TO CHANGE			Corn Chowder Grilled Cheese Crackers & Fruit	Breadsticks & Meatsauce Veggie & Dip Fruit
BREAKFAST	5 Eggs & Homefries	6 Cereal & Toast	7 Breakfast Pizza	8 Cereal & Toast	9 Poptarts
LUNCH	Cheese Ravioli Meat Sauce Roll & Fruit	Corndog Veggie Yogurt Parfait	Mac & Cheese Nuggets Veggie & Fruit	Chicken Ranch Wrap Chips Veggie & Dip Fruit	Fish Sticks Smiley Fries Yogurt & Fruit
BREAKFAST	12 OFF	13 OFF	14 Bagel	15 Pancakes	16 Cereal Toast
LUNCH	HOLIDAY	TEACHERS WORKSHOP	English Muffin Pizza Veggie & Dip Fruit	Chili Cornbread & Cheesestick Fruit	Turkey BLT Croissant Dill Pickle Chips Fruit
BREAKFAST	19 Cereal & Toast	20 Waffles	21 Cheese Omelette	22 Cereal & Toast	23 French Toast
White milk/chocolate milk will be offered daily for breakfast and lunch. Cereal & Toast are available at every breakfast. Every breakfast & lunch will have the state requirements for fruits & vegetables. This institution is an equal opportunity provider.	Buttered Noodles Hotdog & Roll Veggie & Fruit	Hot Ham & Cheese Sliders W/Chips Veggie & Dip Fruit	Chop Suey Roll Veggie & Fruit	English Muffin Pizza Veggie & Dip Fruit	Meatball Sub Smiley Fries Fruit
BREAKFAST	26 Cereal & Toast	27 Breakfast Bar	28 Cereal & Toast	29 Sausage Flapstick	30 Muffins
LUNCH	Chicken Fingers Mash Veggie & Fruit	Taco Salad Rice Fruit	Ham & Cheese Sub Pretzels & Cheese Fruit	Sweet Sour Chicken Rice Egg Roll & Fruit	SPOOKTACULAR LUNCH !!!! EAT IF YOU DARE!!!