## NOVEMBER JES/JBHS SCHOOL MENU

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST	3 Cereal & Toast	4 Breakfast Sandwich	5 Cereal & Toast	6 Danish	7 Donuts
LUNCH	Chicken Nuggets Mash & Veggies Fruit	Sub Bar Chips Yogurt Parfait	Bacon Cheeseburger Sliders Baked Potato Fruit	Mac & Cheese Bowl W/ Pulled Pork Veggies Fruit	Tomato Soup Grilled Cheese Fruit
BREAKFAST	10 Cereal & Toast	11 Veterans Day	12 Cereal & Toast	13 Breakfast Pizza	14 Cereal & Toast
LUNCH	Personal AlfredoPizza Veggies & Dip Fruit		Turkey Lunch Pumpkin Pie	Walking Tacos Rice Fruit	Uncrustable Veggies & Dip Crackers & Cheese Fruit Cup
BREAKFAST	17 Cereal & Toast	18 Bagel Dots	19 Cereal & Toast	20 Cinniabar	21 Cereal & Toast
LUNCH	Chicken Fajitas Rice Fruit	Turkey BLT Croissant Yogurt W/Fruit	Spaghetti & Meatsauce Garlic Knots/ Side Salad Fruit	Pizza Veggie & Dip Fruit	Breadstick W/ Meatsauce Caesar Salad & Fruit
BREAKFAST	24 Cereal & Toast	25 Sausage Bites	26	27	28
LUNCH	Meatball Sub Veggies & Dip Fruit	Corndog Beans Fruit	White milk/chocolate milk will be offered every day for breakfast and lunch. Cereal & Toast are available at every breakfast. Every breakfast & lunch will have the state requirements for fruits & vegetables. This institution is an equal opportunity provider.  Menu is subject to change.	Happy Thanksgiving	Thankagiving tryer safety tiga
BREAKFAST					
LUNCH					